Pop Culture and its effect on our Self-Concept

Socialization. A big part of this is mass media and how it influences people throughout their life. The goal of this assignment is to help us discuss how we all (from time to time) change the way we look, act, talk, or generally express ourselves due to the reactions of others.

Today I want to examine what other things influence our lives. People don’t necessarily like to admit that something influences the way they behave. Some people insist that they are the way they are because that’s how THEY want to be. But if we are honest with ourselves, we know that everything around us influences how we act.

I want you to create a poster where you will identify some aspects of pop culture and tell me how it changed you. I’ve provided some suggestions on types of pop culture and examples for you to follow.

Pop Culture Examples:

* TV shows (dramas, comedies, cartoons, reality shows)
  + American Idol, Survivor, the Simpsons, CSI, etc.)
* Magazines both print and online
  + Sports Illustrated, Vogue, Seventeen, ESPN, TMZ.com, etc…
* Movies (dramas, comedies, cartoons)
* Music (songs, bands, singer, concerts, festivals)
* Computer and video games
* Sports (professional and college – football, soccer, baseball, basketball, UFC, etc…)
* Social Media (Facebook, Twitter, Instagram, etc…)
* Books (Hunger Games, Harry Potter, Twilight, etc)

Directions:

You need to pick **THREE** examples of pop culture that have affected your self-concept in some way.

For each example you pick be sure to include the following:

1. An image of the example (must be colored)
2. A short description (4-6 sentences) explaining how this particular example affected you.
   1. Did you change the way you look?
   2. Did you change the way you act?
   3. Did it change the way you think or behave?