**PERSONALITY TRAITS DEFINED**

*Shared by Teacher Paula Smith of East Lawrence High School*

*for use with the Strengths and Personality self-assessment (Career Choices, pp. 38-43)*

**Column A --- forthright**: getting straight to the point clearly and firmly

**adventurous**: ready to take risks or to deal with the new and unknown

**forceful**: capacity to persuade or convince

**sharp**: quick to understand and act

**decisive**: having the power to decide

**risk** **taker**: not afraid of the possibility of loss or injury

**demanding**: to ask or call for with authority

**authoritative**: the quality of being convincing

**direct:** straight to the point; to request or instruct with authority

**curious**: an active desire to learn or to know

**competitive:** enjoys competition

**self**-**sufficient:** able to take care of oneself without outside help

**Column B --- enthusiastic**: strong excitement and active interest

**expressive**: the way one's face looks or one's voice sounds that shows one's feelings

**influencing**: the act or power to cause people to act a certain way

**emotional**: likely to show or express one’s feelings

**inventive**: gifted with the skill and imagination to invent

**spontaneous**: one who does or says things freely and naturally

**trusting**: one who people can place confidence in

**outgoing**: being at ease and friendly when dealing with others

**unselfish**: free in giving or sharing

**self**-**assured**: sure of oneself **:** having self-confidence

**charming**: a quality that attracts and pleases

**inspiring**: to cause a greater or higher activity

**Column C --- steady**: not changing much

**amiable**: having a friendly and pleasant manner

**predictable**: one who is not changing; you always know what you can expect from them

**supportive**: to uphold or defend

**loyal**: faithful to a cause or ideal; keeps promises

**methodical**: always doing things a certain way

**team** **player**: gets along well with others

**calm**: freedom from excitement or disturbance

**thorough**: careful about detail

**dependable**: can be trusted to always get things done

**self**-**composed**: calm and always in order

**possessive**: jealous and controlling

**Column D --- analytical**: good at separating and examining things or information

**controlling**: wanting to have power over situation or people

**perfectionist**: a person who is not content with anything less than perfection

**systematic**: doing things with thoroughness or regularity

**conventional**: doing things that are widely accepted and followed

**respectful**: shows respect or admiration

**meticulous**: extremely or overly careful in thinking about or dealing with small details

**well**-**disciplined**: trained and under control

**diplomatic**: skill in dealing with others without causing bad feelings

**precise**: doing things exactly as they should be

**sensitive**: easily or strongly affected or hurt

**accurate**: free from mistakes especially as the result of care