Questions from the movie "Inside Out."

Use lined paper and double space. Choose any 4 questions and answer with at least 5 sentences. Check for good sentences and spelling when you are done. Make sure you have your name at the top.

1. Why is it hard for Riley to tell her parents how she's feeling?

2. How do all of our different feelings relate to each other?

3.Some of the movie's scenes are sad and scary. Is it OK for a kids' movie to not be cheerful and silly all the time?

4.What problem does Riley think running away will fix? Why is she wrong?

5.How come Sadness ended up being important? Are some emotions bad?

6. How can you express anger in a way that doesn't hurt anyone?

7.How can you express Joy in a way that lets everyone be happy along with you?

8. What did you think was the saddest part? The happiest part?

9.When we meet Riley, most of the time Joy is in charge of her thoughts and personality. Which emotion(s) do you feel most often?

10.How are the glowing balls, or "core memories" made? What are yours?

11.What do the core memories have to do with Riley's personality?

12.When Sadness touches one of the happy core memories, she colors it blue. What do you think is going on then? Is it possible that our current moods can color our past memories? Or how we define our personality?

Name:_____

How would your emotions look?

1. In the movie "Inside Out," what colour was:

Joy

Sadness

Fear

Disgust

Anger

2. In your brain, what colour is each emotion, and why?

Joy

Sadness

Fear

Disgust

Anger