

# **Goals Essay**

## **What to consider when preparing the Goals Essay**

- Long Term Goals
- Short Term Goals
- Lifestyle Goals

## **Setting up the Essay**

- Follow the 5 paragraph format.

## **Introductory Paragraph**

- Include the topic worded into a thesis (I.E. When planning my life journey I have found that setting goals assist me in making successful decisions.)
- Next you should mention the three main supportive points you will use to explain your thesis (I.E. When considering my goals of life, I have set specific long term, short term and personal goals in life.)

## **Body Paragraph #1**

- Discuss your long term goals
- Be specific as to what the goal is and how you plan to achieve it.

## **Body Paragraph #2**

- Discuss your short term goals.
- Be specific as to what the goals are and how you plan to achieve them.

## **Body Paragraph #3**

- Discuss your lifestyle goals.
- Be specific in defining them and explaining how you hope to achieve these goals.

## **Concluding Paragraph**

- Review your thesis statement and the three areas/topics you discussed within the essay.
- Close with a statement about how these goals allow the reader to understand more about you.