Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period:\_\_\_\_\_\_\_\_\_\_

7 Questions to Ask an Older Person

1. What are some of the most important lessons you feel you have learned over the course of your life?
2. Some people say that they have had difficult or stressful experiences but they have learned important lessons from them. Is that true for you? Can you give examples of what you learned?
3. As you look back over your life, do you see any “turning points”; that is, a key event or experience that changed over the course of your life or set you on a different track?
4. What’s the secret to a happy marriage / life?
5. What are some of the important choices or decisions you made that you have learned from?
6. What would you say you know now about living a happy and successful life that you didn’t know when you were twenty?
7. What would you say are the major values or principles that you live by?